



plate & platter



BREAKFAST
& BRUNCH

Fruit & berry platter

Medium.... R820

Large.... R950

Fruit skewers

35 per platter.... R800

Yoghurt & muesli cups

30 cups.... R800

Breakfast platter

- 1) Devilled eggs, smoked salmon, hummus & roast veggies, crackers & cold meats
Large.... R1350.
- 2) Devilled eggs, mini meat balls, humus, crudités & crackers
Large.... R1200

Mini muffins and/scone platter

Mini muffins and / or scones or with jam, cheese & cream

36 per platter.... R850

Mini croissants

35 mini croissants

Jam & cheese.... R890

Salmon & cream cheese.... R1100

Egg mayo, tune mayo & grated cheese.... R1000

Quiches

Assorted mini quiches (spinach & feta; caramelized onion; mushroom & thyme)

35 mini quiches.... R850

1 large quiche.... R550

Breakfast Wraps

- Scrambled eggs, macon & tomato
- Scrambled eggs, salmon & chives

35 per platter.... R850

Mini pastry platter

Assorted Danishes, waffles, mini flapjacks with cream, maple syrup & Nutella
35 pieces.... R920

Bruschetta platter

Toasted bruschetta with a variety of toppings
(e.g. hummus & biltong, peppered cream cheese & onion marmalade, egg & Japanese mayo, roast beef & horseradish creme, salmon & cream cheese, grilled veg & feta, snoek pate & pickled red onion, caprese)
Approx. 60 pieces.... R880

Bagels

Mini bagels with salmon & cream cheese & mozzarella, tomato & basil pesto. All bagel platters come with assorted crudités.
Please enquire re prices should you require alternative fillings.

25 bagels.... R700 35 bagels.... R880 35 open bagels (salmon)....R900

DIY bagel board

Filled with dips, shmears, smoked salmon, crudités, & cheeses..
30 bagels.... R1200

Open health loaf sandwiches

- Salmon & cream cheese served with pickles, olives & capers R950
- With assorted toppings: cheese & tomato; tuna mayo; avo & feta. R800

Rye bread platter

Salmon & cream cheese, capers & pickled red opinions
40 pieces (approx) R950

Wraps

45 half flour and multi-seed wraps with chicken & avo; tuna mayonnaise & lettuce; roast veg & feta. All wraps are served with crudites. R850

45 Mediterranean wraps with lentil balls, artichoke, feta & roasted peppers R890





LUNCH
PLATTERS

Mezze platter

Dips, olives, pickles, feta, artichokes, lentil balls, dolmades, toasted pita squares, grilled aubergine & roasted peppers

Medium.... R800

Large.... R950

Mexican Amigo platter

Nachos, salsa, guacamole, roasted corn, jalapenos, sour cream & grated cheese

Large.... R890

Savoury snack platter

Biltong, nuts, dips, olives, pickles, crackers, dried fruit & veggie chips

Large.... R900

Falafel platter

30 half pitas, chopped Israeli salad, 60 lentil balls, hummus, tahini, tzatziki & baba ganoush

Large.... R1100

Harvest Platter

Focaccia / crackers / breadsticks / meats / cheeses / dips

Medium.... R850

Large.... R1100

Kebab platter

40 mini chicken kebabs with crunchy greens ... R1100

40 mini rump kebabs with skinny fries ... R1300

40 chicken satay sticks with salsa ...R1100

Spring rolls

- Chicken and corn spring rolls
- Beef & veg rolls
- Vegetarian rolls

All served with a sweet chili mayo dipping sauce

35 spring rolls.... R780

Combo platters

please enquire about customized combination platter



LUNCH
PLATTERS

Vegan platter

Dips, crudités, vegan cheeses, olive kebabs, seeded crackers

Medium. ... R800

Large. ... R950

Banting platter

Dips, crudités, cheeses, devilled eggs, home made seed banting crackers

Medium.R800

Large.R950

Spanakopita x 35 spinach & feta

R750

Caprese sticks x 30

R700

Mini beef burger platter

Mini burgers served with burger mayo, caramelised onions & pickles
35 mini burgers. R950

Mini chicken burger platter

Mini burgers served with red pickle onions (optional)
35 mini burgers. R950

Mini lentil burger platter

Mini burgers with fresh cucumber and Japanese mayo
35 mini burgers. R880

Crispy potato cakes

35 potato cakes with salmon & crème fraiche ... R730

35 potato cakes with wasabi mayo, ginger & avo ... R680

Kiddies platters

Mini hot dog platters with ketchup & cut up veggies

35 mini hot dogs. R650

Mini home made cheese & tomato pizza

35 mini pizzas. R650

Sushi platter

Mixed sushi

90 pieces.... R1200

Sushi cake

A sushi masterpiece

One size.... R900

Sushi donuts

Something unique

24 donuts.... R1000

Salmon poke bowls

Cups with sushi rice, lettuce, avo, edamame & sashimi

35 cups.... R1400

Asian salad wraps

Rice wraps filled with cucumber, rice noodles, avo, carrots, fresh herbs & two Asian dipping sauces

60 half wraps.... R750

80 half wraps R900





MEALS FOR
PLATING

Beef fillet

Whole fillet or sliced fillet in bamboo boats

2kg of finest fillet.... R1200

35 bamboo boats with thinly sliced fillet & red pesto hummus or chimichurri.... R1200

Salmon teriyaki

A side of salmon grilled to perfection with a teriyaki sauce

One size....R1350

Lasagna (large)

Tuna R750

Veg R700

Beef R800

Melenzane ... R850

Stuffed pasta shells

Stuffed pasta shells with spinach, ricotta & Napolitano sauce

Large.... R720

Mac & cheese

Large R350

35 mini R550

Pesto or Napolitano pasta

Served with roasted vine tomatoes, pine nuts and parmesan

Large R650

Mushroom pasta

Large R650

Please enquire about other hot options as we can do most items



MEALS FOR
PLATING

Butterflied whole chickens

Free-range chickens Per chicken.... R380

Chicken pie

Large R800 X-large ... R950

35 mini pies R800

Chicken breasts

25 lemon & herb. ...R800

25 barbeque.R800

Panko crumbed chicken strips

50 piecesR800

Hot nachos

Nachos, sour cream, guacamole, salsa, & cheese

Feeds around 15 people.... R750

Hasselback potatoes with rosemary & garlic

15 potatoes R400

Roasted veggies

Medium R550 LargeR650

Butter chicken with savoury rice

6 feeder. ...R650. 8 feederR800

Potato bakeR550

Sexy green

A green with everything in. Dressing provided

Medium.... R550 Large.... R650

Broccoli, cranberry & cashew salad

Medium.... R500 Large.... R580

Zesty potato salad

Not your regular potato salad

Medium.... R500 Large.... R570

Roast veg with quinoa, pomegranate and feta

Medium.... R580 Large.... R680

Haloumi and herb salad

Medium.... R500 Large.... R590

Asian inspired cucumber, chilli, fennel, avo salad

Medium.... R500 Large.... R580

Cauli & kale salad with black rice, roasted cauliflower & avo

Medium.... R550 Large.... R650

Asian slaw with crispy noodles & cashews

Medium.... R500 Large.... R580

Caprese salad

Medium.... R580 Large.... R650

Pasta salad with sundried tomatoes, feta & olives

Medium.... R450 Large.... R520

Spinach & fig with candied nuts

Medium.... R500 Large.... R580

Tomato, olive & pine nut salad

Medium.... R500 Large.... R600





SWEET
ENDINGS

Famous Nikki D sweet platter

Brownies, rocky road, florentines, crunchies, peanut butter balls, chuckles, meringues, chocolates, sweets, fudge, nougat

Medium.... R1000

Large.... R1400

Kiddies Isla sweet platter

Give us a list of your kids favourite sweet treats and we will put together the perfect platter for your child

Large.... R1200

Cheesecake

Our amazing cheesecake topped with seasonal berries

Large.... R850

30 mini cheesecakes.....R1000

Mini cupcake platter

35 mini cupcakes styled Plate&Platter way

Large.... R920



Mini dessert cups

R35 each minimum of 25

- Chocolate moose with berries & shards
- Peppermint crisp cups
- Cheese with macerated cherries
- Raspberry & white chocolate

Pavlova with cream and berries

R800

Phyllo wrapped apple tart

Served with custard or Greek yoghurt

R650

Peppermint crisp tart

Large.... R650

Malva Tart & custard

R600 – feed 12

Bite size tartlets

R28 each minimum of 25

- Lemon meringue tarts
- Chocolate ganache
- Pasteis de nata

Cheese and dessert platter

Assorted cheeses, crackers, jam, preserves, ginger biscuits, dark chocolate, biscotti, brittle

Large.... R950

Cheese and fruit platter

Assorted cheeses, grapes, figs, nuts, dried fruit, crackers, jam, preserves

Large.... R900

Grand brie with homemade seed crackers, berries & grapes

R780

Harvest tables and flower arrangements

We also specialise in bespoke harvest tables and floral for your functions



Please note that all prices EXCLUDE VAT.

A large platter feeds between 15-20 people

A medium platter feeds between 10-12 people

Small platters are available on request

We have a minimum of R3000 per order

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